

# Physical Therapy Your Way & Advanced Specialty Care Non-Discrimination Notice

Physical Therapy Your Way & Advanced Specialty Care complies with applicable Federal civil rights laws, does not discriminate on the basis of race, color, national origin, age, disability, or sex, and does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Physical Therapy Your Way & Advanced Specialty Care:

- provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, please tell our staff and they will work with our Civil Rights Coordinator to facilitate the services.

If you believe that Physical Therapy Your Way & Advanced Specialty Care has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Physical Therapy Your Way & Advanced Specialty Care  
ATTN: Liz Frazier, Civil Rights Coordinator  
Address: 9447B Lorton Market St #250  
Lorton, VA 22079  
Phone: 571-312-6966  
email address: [LizF.BIM@gmail.com](mailto:LizF.BIM@gmail.com)

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Liz Frazier, Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>. Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>. You can send complaints or call regarding complaints to:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201  
1-800-368-1019, 800-537-7697 (TDD)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-571-312-6966.

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-571-312-6966 번으로 전화해 주십시오.

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-571-312-6966

注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 1-571-312-6966。

(رقم 1-571-312-6966 ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-571-312-6966 هاتف الصم والبكم)

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-571-312-6966.

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با تماس بگیرید 1-571-312-6966.

ማስታወሻ: የሚናገሩት ቋንቋ ኣማርኛ ከሆነ የትርጉም አርዳታ ድርጅቶቻችን፣

በነጻ ሊያግዝዎት ተዘጋጅተዋል፡ ወደ ሚከተለው ቁጥር ይደውሉ

1-571-312-6966

خبردار: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں۔  
کال کریں 1-571-312-6966

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-571-312-6966

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-571-312-6966

ध्यान दें: यदि आप हिंदी बोलते तो आपके लिए मु त में भाषा सहायता सेवाएं उपलब्ध ह। 1-571-312-6966 पर कॉल करें।

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-571-312-6966

লক্ষ্য করুনঃ যিদি আিপন বাংলা, কথা বেলত পারেন, তাহেল নিঃখরচায় ভাষা সহায়তা পিরষবা উপলব্ধ আেছ। ফোন করুন ১-571-312-6966

Dè dɛ nià kɛ dyédé gbo: ɔ jũ ké m̄ [Bàsɔ̀-wùdù-po-nyò] jũ ní, ní, à wuɖu kà kò dò po-poò bɛ́in m̄ gbo kpáa. Ǻ́ 1-571-312-6966

Ige nti: O buru na asu Ibo asusu, enyemaka diri gi site na call 1-571-312-6966

AKIYESI: Ti o ba nso ede Yoruba ofe ni iranlowo lori ede wa fun yin o. E pe ero ibanisoro yi 1-571-312-6966